



HOLINA
ADDICTION & TRAUMA
RECOVERY RESORT
KOH PHANGAN, THAILAND
Back To Yourself



HOLINA REHAB

**Your Journey into Healthy
Recovery, Back to Yourself.**

www.holinarehab.com



Welcome to Holina Rehab

Get Back to Yourself

Holina Rehab leads your recovery journey on the beautiful tropical island of Koh Phangan. Our 12 Step and holistic approach goes far beyond standard addiction and trauma recovery, addressing root causes and promoting long-term well-being. We combine Western therapies with Eastern practices to create personalized programs for you, evolving as you progress thru the program.

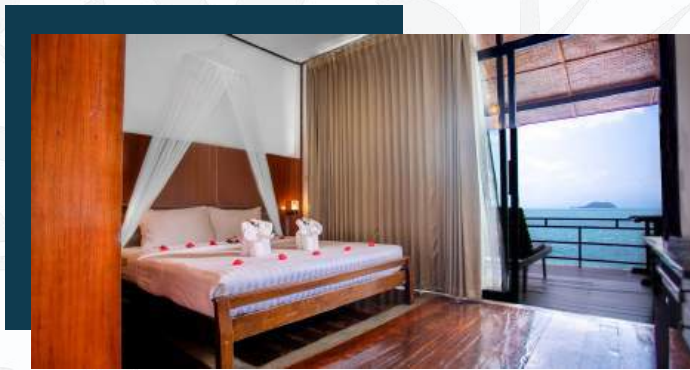


- **#1 Addiction & Trauma Recovery Center in Koh Phangan, Thailand**
- Complete Holistic attitude towards your recovery
- **Combining modern Western therapies with Eastern Spiritual practices**
- Person-centered programs for addiction and trauma

Investing in Your Recovery

Our Pricing Packages

We offer robust and effective recovery programs starting from 4 weeks up to 12 weeks and beyond into Sober Living. All programs include gorgeous & comfy air-conditioned seaview bedrooms, healthy & nutritious buffet style meals, and our complete range of therapeutic programs. It is a genuinely “all-inclusive” experience, with no hidden extras or upsells.



- **Program lengths start from 4 weeks; most commit to 6 to 8 weeks and many choose the full 12 weeks addiction treatment program.**
- All programs are all inclusive with Sunset & Sea View Accommodation, buffet style dining for all dietary requirements.
- **Contact us for our prices, based upon your choice of room style or visit www.holinarehab.com/room-prices**

A Haven for Healing

Our Facilities, Treatments & Services

Holina Addiction & Trauma Recovery Rehab provides a beautiful and supportive environment. Our gorgeous accommodations and treatment rooms ensure comfort, privacy and breathtaking sunsets. We offer a comprehensive range of services including complete medically led detoxification, our unique & diverse therapy sessions, 12-Step facilitation, trauma recovery, mindfulness practices, yoga & fitness classes, holistic therapies, nutritional guidance and of course access to our full Holina Resort facilities and welfare, including two swimming pools, private beach, gym, sauna, ice bath and more.

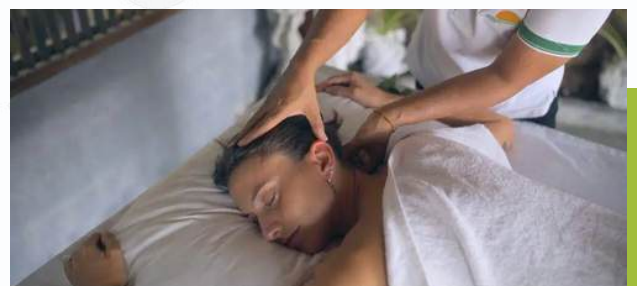


- **Fully licensed by Thailand Public Health as an “Enhanced Detox Clinic” and “Residential Rehab for Addictions & Trauma Recovery”.**
- Beautiful and supportive environment, gorgeous accommodations and resort facilities.
- **Magnificent sunset facing resort with fabulous amenities including private beach.**

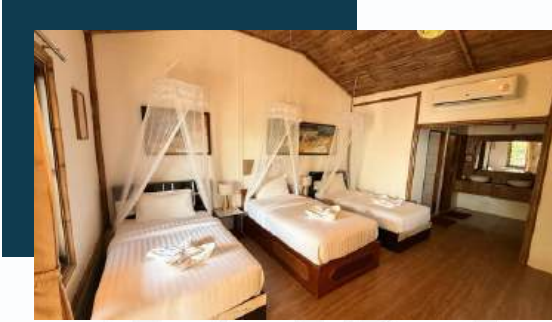


Comprehensive range of services:

- Detoxification (Medical)
- Top therapists available for one to one and group sessions
- 12-Step Facilitation & Fellowship meetings
- Psychotherapists and Psychologists on Site
- Trauma Recovery (Including Somatic Therapies)
- Meditation, Yoga & Breathwork
- Fitness & Personal Training
 - Fitness Classes, Personal Training, Aqua tuning (water-based therapy)
- Holistic Therapies (Water based therapies, trauma release exercises, art therapy, sound healing, drum workshops)
- Nutritional Guidance
- Offsite Activities & Trips
- Taylor made programs on-site and on-going support.



Rehab Prices



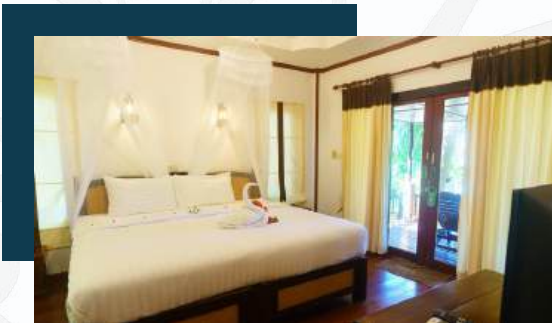
Shared Room (Seaview)

- ✓ En-suite Bathrooms
- ✓ Smart TVs Netflix etc
- ✓ Large Balcony
- ✓ Excellent WIFI

\$9,700

(all-inclusive price)

3 Twin Beds / Room



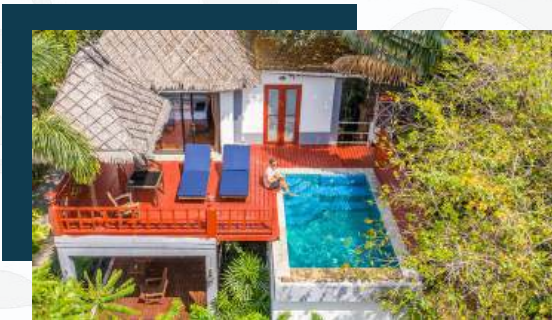
Solo Deluxe Bungalows

- ✓ En-suite Bathrooms
- ✓ Smart TVs Netflix etc
- ✓ Large Balcony
- ✓ Excellent WIFI

\$12,700

(all-inclusive price)

Queen Sized Bed



Private Plunge Pool Villas

- ✓ En-suite Bathrooms
- ✓ Smart TVs Netflix etc
- ✓ Large Balcony
- ✓ Excellent WIFI

\$14,700

(all-inclusive price)

Private Plunge Pool



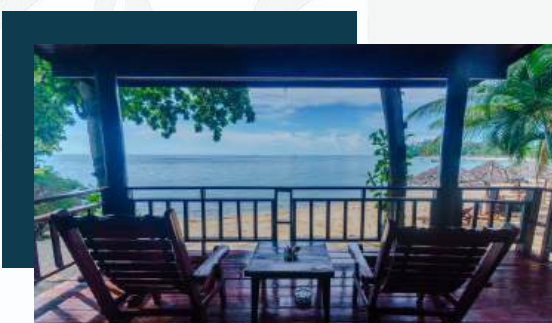
Poolside Jr. Suites

- ✓ En-suite Bathrooms
- ✓ Smart TVs Netflix etc
- ✓ Large Balcony
- ✓ Excellent WIFI

\$16,700

(all-inclusive price)

Queen Sized Bed



Beach Bungalow (Seaview)

- ✓ En-suite Bathrooms
- ✓ Smart TVs Netflix etc
- ✓ Large Balcony
- ✓ Excellent WIFI

\$17,700

(all-inclusive price)

Queen Sized Bed

visit www.holinarehab.com/gallery for full photos

Healing Journey

STEP 1



Find a suitable package

Speak with Ian Young for the best way for you to get “Back to Yourself”.

STEP 2



Complete our Self Assessment Form online and book your preferred room.

Join us when it’s convenient for you

STEP 3



Fly to Koh Samui Airport (USM), Thailand.

We meet & greet and bring you over to Holina on a speed boat or catamaran

STEP 4



All-Inclusive full service care

Our facility is ready to serve you in your healing process, from the day you arrive until well after you have graduated.

Start The Healing Journey

Thank you for considering Holina Rehab. We're committed to your recovery journey. Contact us today to begin your healing process.



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